

Transition House Reset

Purpose: To help refocus and evaluate to better help those wanting a safe and stable house.

The house is for the:

Reentry of AIC to stable housing

Recovery of individuals and healing from lives of substance abuse

Recovery from relapse

(The house is not, in this case, for those recovering from sexual offences. That is a different approach of risk and treatment)

The goal is to work with other influencers, such as parole and probation, community resources and other treatment models.

1. Physical needs of a transition house
 - a. Separate rooms for occupants, not shared rooms
 - b. Physical property storage
 - c. Shared kitchen
 - d. Adequate bathroom
 - e. Washer/Dryer
 - f. Internet access
 - g. Computer access for resume and job application
 - h. Computer access for online instruction, services and treatment
2. Additional services for a house, physical needs
 - a. Hygiene kits
 - b. Laundry bags
 - c. Laundry detergent
 - d. Simplified cooking utensils, plates, cups and silverware
 - i. The challenge is stuff left by others or those moving on, purging of non-essential items. Purging accumulated stuff.
3. Community Resource management
 - a. Understanding what additional services and treatment options are available and exist
 - b. Understanding the need for community access and dialog
 - c. Building partnerships of trust and mutual respect
 - d. Collaboration toward a proper Recovery Model
4. Understanding the Recovery Model and Implementation
 - a. Defining the various recovery models
 - b. The 12 step recovery model; Disease model
 - c. Celebrate Recovery model
 - d. Life Recovery Training through CPM
 - e. Biopsychosocial
 - i. The biopsychosocial model is an **inter-disciplinary model that looks at the interconnection between biology, psychology, and socio-environmental factors.**

5. Identifying a candidate for house occupancy
 - a. Through community referral
 - b. Through network of involved individuals and volunteers
 - c. Through treatment providers
6. Assessing a candidate
 - a. Mental
 - b. Physical
 - c. A&D
 - d. Spiritual experience
7. Creating an accountability plan
 - a. What is the plan, ie: treatment plan, request for ROI
 - b. How can we help, knowing our part, active church attendance and worship
 - c. Relapse and Recovery, a process of time and healing
 - d. Relapse will happen, what stages or steps to take to recovery
 - e. Sponsors, Mentors, Church influencers
 - f. Working with Probation, understanding their guidelines
8. Creating Spiritual Awareness that God is in all of the biopsychosocial models of health
 - a. Understanding there should be an alignment, always of scriptural principles and models.
 - b. Knowing Humanistic models are limited, There is a spiritual awakening and an apostolic model that brings power through God's Spirit

Soft Skills Assessments

1. Parenting
 - a. Are there children that are in the picture
 - b. Is there a plan in place for connection
 - i. Who is the entity(ies) responsible for reconnection
 - ii. What is the process or plan of submission and reconnection
2. Coping
 - a. Thinking errors addressed
3. Employment
 - a. Skills on hand
 - b. Assessment of hidden talent and plan for development
 - c. Community resources; government and NGO
4. Financial
 - a. Debt management, repayment plan
 - b. Traffic violations, restitution, child support
 - c. Resources for meeting basic needs